

LES—LUNCH

OCTOBER

| TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | Important Information: |
|--|---|--|---|--|
| Cafeteria Manager: Jessica Cabe Contact: 706-895-2120 | | School Nutrition Director: Brandie Wooten Contact: bwooten@chattooga.k12.ga.us or 706-859-3054 | | 2023-2024 Student Meal Prices: Elementary Students: Full-Price Lunch: \$2.00 Reduced-Price Lunch: \$0.40 Middle/High Students: Full-Price Lunch: \$2.15 Reduced-Price Lunch: \$0.40 *Students will be charged at the Full-Price rate until a meal application is received and approved. Payments can be made in cash, check, or online at: Linqconnect.com |
| 10 Orange Chicken w/ Rice OR General Tso Chicken w/ Rice Roasted Vegetables Broccoli w/ Cheese Fruit & Choice of Milk | 11 Chicken Biscuit OR Sausage Biscuit Hashbrowns Gravy Grits Tomato Wedges Fruit & Choice of Milk | 12 Cowboy Nachos OR Frito Chili Pie Veggie Cup Corn Fruit Choice of Milk | 13 Bacon Cheeseburger OR Hotdog French Fries Veggie Cup Fruit Choice of Milk | |
| 17 Homestyle Tacos OR Burrito Refried Beans Corn Fruit Choice of Milk | 18 Pizza OR Cheese sticks w/ Marinara Side Salad w/ Dressing Goldfish Crackers Fruit Choice of Milk | 19 Spicy Chicken Tenders OR Manwich Green Beans Mac & Cheese Fruit Choice of Milk | 20 BBQ Sandwich OR Spicy Chicken Sandwich Coleslaw Pickles Chips Fruit & Choice of Milk | *Serving size for each menu item: Vegetables—3/4 cup minimum Fruit—3/4 cup minimum Milk—1 cup Meat/Meat Alt.—1 oz minimum Grains—1 oz minimum |
| 24 Chicken Fajita OR Taco Salad Queso Diced Tomatoes Refried Beans Fruit & Choice of Milk | 25 Orange Chicken w/ Rice OR General Tso Chicken w/ Rice Broccoli w/ Cheese Roasted Vegetables Fruit Choice of Milk | 26 Chicken Biscuit OR Sausage Biscuit Hashbrowns Gravy Grits & Tomato Wedges Fruit Choice of Milk | 27 Pizza OR Spaghetti w/ Garlic Bread Side Salad w/ Dressing Corn Fruit & Choice of Milk | |
| 31 HAPPY HALLOWEEN! Manwich OR Chicken Nuggets w/ Roll Mac & Cheese Potatoes Fruit & Choice of Milk | | | | |